

# *Preston Food Scrap Recycling Guide*



*A free food scrap recycling program for  
residents with a Transfer Station pass*



Brought to you by the  
Town of Preston and  
Blue Earth Compost



*Starting February 2, 2024*

## **Why is Preston removing food scraps from municipal waste?**

Food scraps make up about 22% of trash. By sending these valuable materials to compost, rather than incineration we can improve our air, soil and water.

**Food Scraps are NOT Trash.** Food can be converted into compost. Compost improves soil quality for plant growth, reduces the need for chemical fertilizers, helps to retain water in the soil and reduces soil erosion. Putting food scraps into a landfill creates methane, a greenhouse gas which contributes to climate change. The Quantum BioPower anaerobic digester in Southington is able to use the methane to create renewable energy while also making compost.

**You can help!** The more Preston residents that participate in this program, the more pounds we will remove from the municipal waste stream. We hope to see this program grow with more and more bins being filled. **Transfer Station stickers are available at the Transfer Station with proof of residency.**

**THANK YOU for participating in Preston's Food Scrap Composting Program!**

**For more information visit:**

<https://www.preston-ct.org> or call (860) 887-5581

# IT'S SO EASY!

1. **Collect** your food scraps in a BPI Certified compostable bag or a container of your choosing. If using a bag, when full, close off the bag by tying a knot at the open end. Please don't use twist ties or rubber bands.
2. **Bring** your food scraps to the Transfer Station at 108 Ross Road and dump them into the larger bins supplied by Blue Earth Compost. It's important to completely fill one bin before moving on to the next.
3. **Repeat!** You can go to the Transfer Station at any point during operating hours. They are:
  - 🕒 Friday and Saturday - 8AM-4:15PM

All food scraps will be picked up by Blue Earth Compost and composted at an anaerobic digestion facility in Southington, CT. They'll be turned into nutrient rich soil and renewable energy!

**Free starter kits are available while supplies last. You may pick up these free kits by visiting the Transfer Station or the Planning Dept., lower level of Town Hall** during business hours. If you pick up a kit at the Town Hall, proof of residency is required (current driver's license or government issued photo ID and tax or utility bill showing Preston residency).

## The starter kit includes:

- One 6 gallon transport bin and
- One roll of 25 compostable bags for the counter top bin

You can use any bins that you like, but these are available. PLEASE NO PLASTIC BAGS. ONLY BPI CERTIFIED COMPOSTABLE (NOT BIODEGRADABLE) BAGS ARE ALLOWED.

# COMPOST



MEAT & BONES



SHELLFISH & FISH PRODUCTS



EGG SHELLS & DAIRY



FRUITS & VEGETABLE SCRAPS



BREADS & CEREALS



COFFEE GROUNDS, FILTERS, & TEA BAGS

## OTHER THINGS TO COMPOST:

CONDIMENTS & SPICES | PITS & PEELS  
FOOD SOILED PAPER | UNCOATED PAPER PLATES  
PAPER TOWELS | PLANTS & HERBS | INCIDENTAL OILS & FATS



# DON'T COMPOST



CORKS



PLASTIC



CANDLES



METAL / ALUMINUM FOIL



STYROFOAM



GLASS OF ANY KIND



GUM

## OTHER THINGS TO NOT COMPOST:

TWIST TIES | RUBBER BANDS | DISPOSABLE MOPS / CLEANING SHEETS  
FIREPLACE OR BARBECUE ASHES | HOT LIQUIDS | PLASTIC GLOVES  
ENGLISH MUFFIN CARTONS | WAXY CARDBOARD | MILK CARTONS  
CLEAN PIZZA BOXES (RECYCLE) | COFFEE PODS



HAVE QUESTIONS?  
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